



# International Optimist Class Association (UK)



## 2023 Spring Championship Main Fleet Supplementary Sailing Instructions

Dates **18/19 March 2023**

Venue **Rutland Sailing Club**

The Organising Authority is the **International Optimist Class Association(UK)**  
in conjunction with **Rutland Sailing Club**

For Everything not explicitly listed below, the MEIs (<https://ioca.uk/meis>) apply.

MEI	Description	Details
1.3	Arbitration	RRS Appendix T will apply
3.1	Location of Official Notice Board	<a href="https://ioca.uk/onb">https://ioca.uk/onb</a> - online only
	Location of the Race Office	John Merricks building
4.1	Location of signal mast	Western end of the main clubhouse
5.2	Competitors' Briefing	Online only (see Official Notice Board)
6.1	Racing in groups	Yes - flights will be used
7	Race Area	Rutland Water
8.1 + Att. C	Course Configuration	Carantec Courses with Reaching Finishes
9.1	Description of Marks	<b>Course Marks:</b> Yellow spherical buoys <b>Finish Mark:</b> Staff mark displaying a blue flag <b>Change Mark (RRS 33):</b> Black spherical buoy
10.1	Obstructions	Competitors shall give reasonable clearance to fishermen. NOTE that they may be drifting. 50m clearance is recommended. Boats shall not sail through moored boats in the East and West creek. "Rutland Belle" has right of way at all times.



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11.1	Start sequence	<p>This is amended to “When there is more than one start in a sequence there will be at least 6 minutes between a start and a subsequent start.” to enable us to get races off quickly in the cold.</p> <p>The orange attention flag will be displayed at least two minutes before the warning signal.</p>
16.2	Protest Forms	Protest Forms in the Race Office
18.4	Additional Safety Information	Visiting boats must comply with the Anglian Water byelaws to help avoid the spread of <b>invasive aquatic species</b> . <a href="#">Rutland Sailing Club : Check, Clean &amp; Dry Procedure for Visiting Boats</a>
18.5	Tally	Yes - in front of sailing school, by the race box.
Att. F	Zero coaching protocol invoked	No